

Support services directory



A range of support organisations for patients and carers – section for Northern, Eastern and Western Devon, South Devon and Torbay, Devon-wide and National services

The agencies within this directory have agreed to be included.

If you know of another agency which provides services locally and would like to be included, please contact PALS on 0300 123 1672.

The CCG has sought to make this information correct and relevant. If you find any error or out of date information, please contact PALS on 0300 123 1672.

If you require help to use the directory please call PALS on 0300 123 1672 – we can also provide information in other formats or languages.

Bereavement services

<u>Name of organisation/ group</u>	<u>Approach</u>	<u>Website</u>	<u>Contact details</u>	<u>Address</u>
<u>Families in Grief</u>	Set up by group of bereaved parents and adults. Support children, young people and their families following the loss of someone close to them. Run groups in Bideford and Barnstaple.	www.familiesingrief.org	01237 479 027 07722 811 913 info@familiesingrief.org	Families in Grief, Rose Hill, Heywood Road, Bideford, Devon, EX39 3PG
<u>Balloons</u>	Charity that provides community-based support for children, young people and their families from Exeter, Mid or East Devon following the death, or before an expected death, of a significant person in their lives, such as a parent, carer or sibling.	www.balloons-devon.org.uk	01392 826 065 01392 826 064 projectmanager@balloons-devon.org.uk	Unit 43/44 Basepoint Business Centre, Yeoford Way, Marsh Barton, Exeter, EX2 8LB
<u>SOBS Devon</u>	Support for anyone bereaved by suicide. Meets 2nd Tuesday of every month. Contact: Barbara 07811 026461	www.uk-sobs.org.uk	National helpline - 08445 616 855 National Office - 01159 441 117 – sobs.admin@care4free.net sobs.support@hotmail.com	Exeter Friends Meeting House, Wynards Lane, Magdalen Street, Exeter, EX2 2HU

<p><u>SOBS</u></p>	<p>We exist to meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend. Many of those helping have themselves been bereaved by suicide. We offer emotional support, help and information in a number of ways.</p>	<p>www.uk-sobs.org.uk</p>	<p>National Helpline - 08445 616 855 National Office - 0115 441 117 sobs.admin@care4free.net sobs.support@hotmail.com</p>	<p>Survivors of Bereavement by Suicide National Office, Flamsteed Centre, Albert Street, Ilkeston, Derbyshire, DE7 5GU</p>
<p><u>CRUSE Bereavement Care – Devon</u></p>	<p>Bereavement support for people of all ages (including children) - counselling, practical help, signposting, information, publications and helpline.</p>	<p>www.cruse.org.uk</p>	<p>Devon area - 03003 305 466 Daytime helpline – 08444 779 400 devon@cruse.org.uk helpline@cruse.org.uk</p>	<p>3 Palace Gate, Exeter, EX1 1JA</p>
<p><u>CRUSE Bereavement Care – National</u></p>	<p>CRUSE Bereavement Care promotes the well-being of bereaved people and enables anyone bereaved by death to understand their grief and cope with their loss. As well providing free care to all bereaved people, the charity also offers information, support and training services to those who are looking after them.</p>	<p>www.cruse.org.uk</p>	<p>08444 779 400 helpline@cruse.org.uk</p>	<p>Community House, 133 Loughborough Road, Leicester, LE4 5LQ</p>

<p><u>Young Person's Helpline</u></p>	<p>RD4U is a website designed for young people by young people. It is part of CRUSE Bereavement Care's Youth Involvement Project and here to support you after the death of someone close.</p>	<p>www.rd4u.org.uk</p>	<p>Freephone – 08088 081 677 02089 399530 Monday-Friday 9.30am- 17.00pm Info@rd4u.org.uk</p>	<p>Cruse Bereavement Care, PO Box 800, Richmond, Surrey, TW9 1RG</p>
<p><u>Children & Families in Grief</u></p>	<p>Referrals can be made by visiting the website, by mail or phone. Working hours to speak to someone are Tuesdays 10am - 6pm. A Charitable Organisation that provides practical, emotional and creative support for children and their families in South Devon following bereavement.</p>	<p>www.childrenandfamiliesin grief.co.uk</p>	<p>01803 393917 info@childrenandfamiliesingrief.co.uk</p>	<p>PO Box 425, Paignton, TQ4 9BF</p>
<p><u>Road Peace – Exeter group</u></p>	<p>Support and advice to all bereaved and injured road traffic victims.</p>	<p>www.roadpeace.org</p>	<p>01392 435627 jeffbaker@talktalk.net</p>	<p>Exeter, EX4 2EN</p>
<p><u>Road Peace - National</u></p>	<p>Support and advice to all bereaved and injured road traffic victims.</p>	<p>www.roadpeace.org</p>	<p>08544 500 355 Monday - Friday 9.00am - 17.00pm helpline@roadpeace.org</p>	<p>Shakespeare Business Centre, 245a Coldharbour Lane, Brixton, London, SW9 8RR</p>

<p><u>Child Bereavement Charity</u></p>	<p>Bereavement support and signposting.</p>	<p>www.childbereavement.org.uk</p>	<p>01494 568900 Monday – Friday 9.00am-17.00pm enquiries@childbereavement.org.uk</p>	<p>Clare Charity Centre, The Saunderton Estate, Wycombe Road, Saunderton, Buckinghamshire, HP14 4BF</p>
<p><u>Child Death Helpline</u></p>	<p>Freephone helpline offering emotional support, advice and signposting for anyone affected by the death of a child of any age under any circumstances however recently or long ago. Staffed by trained and professionally supported bereaved parents. Call will be answered by a bereaved parent. Lines open 365 days a year.</p>	<p>www.childdeathhelpline.org</p>	<p>0800 282 986 Freephone number for all mobiles: 0808 800 6019 Lines open 365 days a year Evenings - 19.00pm-22.00pm Monday - Friday 10.00am-13.00pm Tuesday & Wednesday 13.00pm-16.00pm contact@childdeathhelpline.org</p>	<p>Level 2 York House, 37 Queen Square, London, WC1N 3BH</p>
<p><u>The Compassionate Friends (TCF)</u></p>	<p>A National organisation of bereaved parents and families offering support, understanding, and gentle encouragement. The line is always answered by a bereaved parent.</p>	<p>www.tcf.org.uk</p>	<p>0845 123 2304 Monday – Sunday 10.00am-16.00pm and 19.00pm-22.00pm helpline@tcf.org.uk</p>	<p>14 New King Street, Deptford, London, SE8 3HS</p>

<p><u>The WAY Foundation (Widowed and Young)</u></p>	<p>UK network of local groups offering support and social events for young widowed men and women and their children, if they have them. Anyone who has lost a partner before their 51st birthday, married or not, parents or those without children are welcome to join. Also signposting to other support organisations and some legal and financial advice.</p>	<p>www.wayfoundation.org.uk www.widowedandyoung.org.uk</p>	<p>Currently no telephone contact number devon@wayfoundation.org.uk info@wayfoundation.org.uk</p>	<p>Suite 35, St Loyes House, 20 St Loyes Street, Bedford, MK40 1ZL</p>
<p><u>War Widows Association (WWA)</u></p>	<p>Help for all war widows.</p>	<p>http://www.warwidows.org.uk/</p>	<p>08452 412 189 info@warwidows.org.uk</p>	<p>c/o 199 Borough High Street, London, SE1 1AA</p>
<p><u>Winston's Wish</u></p>	<p>National helpline offering support, information, guidance to all those caring for a child or young person who has been bereaved.</p>	<p>http://www.winstonswish.org.uk/</p>	<p>Helpline - 08452 030 405 General Enquires - 01242 515 157 info@winstonswish.org.uk</p>	<p>3rd Floor Cheltenham House, Clarence Street, Cheltenham, GL50 3JE</p>
<p><u>Children's Hospice Southwest</u></p>	<p>A family's 'contacts' and other members of the Care Team are available to provide bereavement support for the whole family for as long as they wish. We will always be happy to talk with a family about their child and will be in regular contact by phone, particularly in the early weeks following a child's death.</p>	<p>www.chsw.org.uk/bereavement-care</p>	<p>01271 325270 enquiries@chsw.org.uk Referrals: 01271 321999 Caroline Jenner or Claire Mather caroline.jenner@chsw.org.uk claire.mather@chsw.org.uk</p>	<p>Little Bridge House, Redlands Road, Fremington, Barnstaple, EX31 2PZ</p>

<u>Jeremiah's Journey</u>	Information and support to bereaved children and their families. Pre-bereavement support is also available.	www.jeremiahsjourney.org.uk	01752 424348 info@jeremiahsjourney.org.uk	Office 33 Stanley Court, Mary Seacole Road, The Millfields, Plymouth, PL1 3JY
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Counselling services

<u>Name of organisation/ group</u>	<u>Approach</u>	<u>Website</u>	<u>Contact details</u>	<u>Address</u>
<u>In Touch Youth Counselling Service – Exeter</u>	Free and confidential counselling service for young people 13-25 and telephone support for their parents.	www.youngdevon.org	01392 424 767 07816 420 811 intouch@dya.org.uk	In Touch Youth Counselling Service, 39 George Street, Exeter, EX1 1DA
<u>Samaritans</u>	24/7 service to provide confidential emotional support for those experiencing feelings of distress or despair, including those which may lead to suicide. Drop-in Service also available.	www.exetersamaritans.co.uk	01392 411 711 0845 790 9090 jo@samaritans.org	10 Richmond Road, Exeter, EX4 4JA 10.30am - 21.30pm Monday – Sunday

<p><u>Crossline</u></p>	<p>Crossline provide a 24hr listening line manned by trained listeners, weekday counselling service and parent and toddler groups. Their ethos is Christian, but they are committed to providing an inclusive, non-judgemental service to those who seek help, regardless of faith or belief system. Counselling available by appointment.</p>	<p>www.crossline-plymouth.co.uk</p>	<p>01752 664 243 crossline-plymouth@tiscali.co.uk Counselling appointments: Annabel – 01752 664 243 Monday – Friday 9.00am – 13.00pm</p>	<p>N/A</p>
<p><u>Personal and Relationship Counselling</u></p>	<p>To provide counselling services on relationships and personal matters.</p>	<p>http://www.plymouthcounselling.com</p>	<p>01752 266 000</p>	<p>36 Looe Street, The Barbican, Plymouth, PL4 0EB</p>
<p><u>Simply Counselling</u></p>	<p>Simply Counselling provide counselling for individuals, couples, carers and families in the Plymouth area. They are a Plymouth based Community Interest Company, committed to improving the welfare of the people of Plymouth and the surrounding areas.</p>	<p>www.simplycounselling.org</p>	<p>01752 266 333 info@simplycounselling.org</p>	<p>1st Floor, 18 Harwell Street, Plymouth, PL1 5BP</p>

Adult hospices

<u>Name of organisation/ group</u>	<u>Approach</u>	<u>Website</u>	<u>Contact details</u>	<u>Address</u>
<u>St Luke's Hospice</u>	A team of trained volunteers provide the service which is accessible through the Co-ordinator This service is open to people affected by the diagnosis of a life-threatening illness and to the families and friends of anyone who had links with the Hospice before the death.	www.stlukes-hospice.org.uk	01752 401 172 info@stlukes-hospice.org.uk	Stamford Road, Turnchapel, Plymstock, PL9 9XA
<u>Rowcroft Hospice Torbay</u>	Rowcroft provide a bereavement service that is available to any individual who has had contact with the hospice, whether as a patient, a family member, a carer or a friend.	www.rowcrofthospice.org.uk/patients-families-friends/caring-for-you-as-a-relative-or-friend/bereavement	01803 210 800 info@rowcroft-hospice.org.uk	Rowcroft House Foundation, Avenue Road, Torquay, TQ2 5LS
<u>North Devon Hospice</u>	One-to-one support and group work	www.northdevonhospice.org.uk	Supportive Care Team – 01271 344248 Reception - 01271 344248 Monday – Friday 9.00am – 17.00pm info@northdevonhospice.org.uk	Deer Park, Newport, Barnstaple, EX32 0HU

Support groups & support services

<u>Name of organisation/ group</u>	<u>Approach</u>	<u>Website</u>	<u>Contact details</u>	<u>Address</u>
<u>North Devon Baby Loss Support Group</u>	Offers support to parents who have suffered a miscarriage or the loss of their baby. The group meets at Victoria House on the 2nd Wednesday of every month between 19.30pm – 21.30pm.	http://northdevonbabyloss.co.uk/Aboutus.html	Linda Lewis, Barnstaple: 01271 326 706 Isabelle Maggs, South Molton: 01769 560 886 Sherri Babb, Braunton: 07794 000 716 northdevonbabyloss@hotmail.com	Victoria House, Victoria Road, Barnstaple, Devon, EX32 8NP
<u>Taw & Torridge Cancer Support</u>	Help and support to cancer patients and their families and friends.	http://www.cylex-uk.co.uk/company/taw-and-torridge-cancer-support-group-torrington-19555201.html	01805 624739 Monday-Friday 9am-5pm	19 Hoopersway, Torrington, Devon, EX38 7NS
<u>B-Safe Bereavement Support and Friendship Extended</u>	Monthly support meetings for parents and relations of babies who have died for any reason. Meets at St Marys Church, Axminster Monthly on 2nd Wednesday 14.15pm	N/A	01297 631552 Monday – Friday 9.00am – 16.00pm 24hr helpline 07123 51721 info@ageconcern.org.uk	c/o Age Concern Devon, Unit 1 Manaton Court, Matford Business Park, Exeter, EX2 8FP

<p><u>Estuary League of Friends</u></p>	<p>Support for carers living in the locality, one-to-one meetings, and regular group meetings. Meets monthly, third Tuesday of the month.</p>	<p>www.estuary-league-of-friends.co.uk</p>	<p>T - 01392 879009 F - 01392 878275 rachel.estuary@virgin.net</p>	<p>Rydon House, 20C High Street, Topsham, Exeter, EX3 0EA</p>
<p><u>Farm Crisis Network</u></p>	<p>Help, advice and support for members of the farming community. Social groups to combat rural stress and isolation</p>	<p>http://www.fcn.org.uk/</p>	<p>08453 679 990 364 days a year 7.00am - 11.00 pm Information & general enquiries – 01788 510 866 Monday – Friday 9.00am – 17.00pm E-Helpline – chris@fcn.org.uk mail@fcn.org.uk</p>	<p>The Farming Community Network, Manor Farm, West Haddon, Northampton, NN6 7AQ</p>
<p><u>FORCE Cancer Centre</u></p>	<p>Support and information service for those affected by cancer. Information leaflets and booklets, complementary therapies by appointment, relaxation groups, support and counselling</p>	<p>www.forcecancercharity.co.uk</p>	<p>Patient support - 01392 406 151 info@forcecancercharity.co.uk</p>	<p>The Corner, House Barrack Road, Exeter, EX2 5DW</p>

<p><u>Hospiscare</u></p>	<p>Support 1-to-1 and in groups</p>		<p>01392 688 000 Monday – Friday 8.00am – 20.00pm Saturday & Sunday 10.00am – 19.00pm info@hospicecare.co.uk</p>	<p>Dryden Road Exeter EX2 5JJ</p>
<p><u>Open House</u> <u>Contact: Canon Richard Saunders</u></p>	<p>Bereavement Group meets on 1st and 3rd Monday each month in the evenings. St Pauls Church, High Street, Honiton, EX14 1PG</p>	<p>www.honitoncofe.org/</p>	<p>01404 44035 office@honitoncofe.org.uk Office open Monday – Friday 9.00am – 13.00pm</p>	<p>99 Paul’s Parish Office, 99 High Street, Honiton, Devon, EX14 1PG</p>
<p><u>Sidmouth Help Link</u></p>	<p>New beginnings social group meets every 6 weeks to serve local community.</p>	<p>http://www.sidmouthhelplink.org.uk/</p>	<p>01395 514 445 help@sidmouthhelplink.org.uk Tuesday & Wednesday 10.00am - 12.00pm Thursdays 14.00pm - 16.00pm</p>	<p>Sidmouth Help Link, The Community Partnership, Mill Street, Sidmouth, EX10 8DF</p>

<p><u>Stroke Association</u></p>	<p>Information, advice and support for stroke sufferers and their families. Link to stroke clubs and support agencies such as local dysphasic support groups. Meet 1st, 3rd and if there is one 5th Tuesday of each month 2-4pm Heavitree evangelical church, fore street, Heavitree, Exeter, EX1 2QL Marion 01392 490550 Jean 01392 432150 jepi@blueyonder.co.uk</p>	<p>www.stroke.org.uk/support/exeter-and-district-stroke-club www.exeterstrokeclub.co.uk</p>	<p>T: 01392 447 364 F: 01392 447 367 Stroke helpline: 03033 033 100 info@stroke.org.uk Regional Manager: danny.hames@stroke.org.uk</p>	<p>SW Regional Office, The Exeter Stroke Centre, Bradley House, Harrier Way, Exeter, EX2 8HU</p>
<p><u>UNITE - carers in Mid-Devon</u></p>	<p>To provide support, information and activities for the benefit of unpaid Carers of any age, who look after someone who depends on them.</p>	<p>www.unite-carersinmiddevon.org.uk</p>	<p>01884 257 511 info@unitemd.org.uk</p>	<p>2 Bridge Street, Tiverton, EX16 5LY</p>
<p><u>UPSTREAM Health Living Centre</u></p>	<p>Upstream reaches out into local communities to help people who are mentally, physically or socially isolated to improve their own health, well-being and quality of life and to prolong their independence.</p>	<p>www.upstream-uk.com</p>	<p>01363 778 029 01363 778 366 upstreamuk@hotmail.co.uk</p>	<p>Upstream, PO Box 63, Crediton, EX17 4AE</p>

<p><u>Headway - Barnstaple</u></p>	<p>Headway is a charity set up to give help and support to people affected by brain injury. Headway offers a wide range of services, including rehabilitation programmes, carer support, social re-integration, community outreach and respite care. The services available will vary, depending on local needs and resources. Meet every Tuesday at Tomlin Hall, Bickington, Nr Barnstaple, 10.30-3.30</p>	<p>www.headway.org.uk</p>	<p>07971 174 960 Free helpline: 08008 002 244 headwaynorthdevon@hotmail.co.uk helpline@headway.org.uk info@headway.org.uk</p>	<p>PO Box 361, Barnstaple, Devon, EX32 2FT</p>
<p><u>Headway - Exeter</u></p>	<p>Headway is a charity set up to give help and support to people affected by brain injury. Headway offers a wide range of services, including rehabilitation programmes, carer support, social re-integration, community outreach and respite care. The services available will vary, depending on local needs and resources.</p>	<p>www.headway.org.uk</p>	<p>T: 01392 211 822 F: 01392 224 430 Free helpline: 08008 002 244 helpline@headway.org.uk info@headway.org.uk</p>	<p>The X Centre, Commercial Road, Exeter, EX2 4AD</p>

<p>Headway – Plymouth</p>	<p>Headway is a charity set up to give help and support to people affected by brain injury. Headway offers a wide range of services, including rehabilitation programmes, carer support, social re-integration, community outreach and respite care. The services available will vary, depending on local needs and resources.</p>	<p>www.headway.org.uk</p>	<p>01752 550 559 Free helpline: 08008 002 244 headwayplymouth@hotmail.com helpline@headway.org.uk info@headway.org.uk</p>	<p>Headway House, Park Avenue, Devonport, Plymouth, PL1 4RJ</p>
<p>All Nations Ministries</p>	<p>All Nations Ministries is an organisation that helps advance education and relieve financial hardship and sickness amongst those seeking asylum and those granted refugee status particularly by the provision of counselling, information and advice. To provide facilities for those persons who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances.</p>	<p>www.allnationsministries.info</p>	<p>01752 651 817 allnations@allnationsministries.info</p>	<p>All Nations Ministries, Catherine Street Baptist Church, Plymouth, PL1 2AD</p>

<u>Bereavement Support Service</u>	The Bereavement support service brings together recently bereaved people, who can support one another. They provide a weekly venue where bereaved persons can meet.	N/A	01752 303 462	12-14 Morshead Road, Crownhill, Plymouth, Devon, PL6 5AJ
<u>Care & Response Service – support at home</u>	Whilst recovering from or coping with an illness, we are often at our most vulnerable. Using trained volunteers we can provide practical and emotional support when you need it most. We can help with a variety of tasks including assisted shopping trips, transport (with support) to medical appointments, prescription collection and befriending. We can also help relieve carers by sitting with a person for a short time. The service is available for around 8 weeks at a time.	www.redcross.org.uk	01752 788 791	60 Crownhill Road, Plymouth, PL5 3AN
<u>Military in Mind</u>	A drop in group supporting the mental health of service personnel and veterans.	www.plymouthmind.org.uk	01752 264 960 advice@plymouthmind.myzen.co.uk	8 Woodside, Greenbank, Plymouth, PL4 8QE

<p><u>SSAFA</u></p>	<p>We help and support those who serve in our Armed Forces and those who used to serve - even if it was only for a single day. We also care for the families of both. Last year alone, our professional staff and trained volunteers provided a reliable, caring and trusted service to more than 50,000 people. We helped to make a real difference to many lives.</p>	<p>www.ssafa.org.uk</p>	<p>01752 553 414 Monday – Friday 7.30am – 12.00pm Plymouth@ssafa.org.uk</p> <p>01392 254 611 Monday - Friday 19.00am – 17.30pm Devon@ssafa.org.uk</p> <p>08452 417 141 Monday – Friday 10.30am – 19.30pm</p>	<p>So27a HM, Naval Base, Plymouth, PL22BG</p>
<p><u>The Mustard Tree</u></p>	<p>The Mustard Tree Macmillan Centre has been created for people with cancer, their families and carers. We offer a friendly space where you can share your concerns, ask questions and receive support from our staff who are professionals or trained volunteers, many of who have personal experiences of cancer. Drop in service Monday-Friday, 9.00am-17.00pm</p>	<p>www.plymouthhospitals.nhs.uk/ourservices/clinicaldepartments/mustardtree</p>	<p>01752 763672</p>	<p>The Mustard Tree Macmillan Centre, Level 3, Derriford Hospital, Plymouth, PL6 8DH</p>
<p><u>Solo Group</u></p>	<p>Bereavement Support Group</p>		<p>01548 856650 Monday - Friday 9.00am – 17.00pm</p>	<p>Age Concern at the Quay, Illbert Road, Kingsbridge, TQ7 1LN</p>

<u>Just Fine Support Group</u>	A community group working with people with mental and physical health/ disability or impairment issues provide advocacy as part of their support.	www.justfine.org.uk	01752 296407 paulsolomon@hotmail.co.uk	William Sutton Memorial Hall, Plymouth, PL5 1QF
<u>Stroke Association</u>	Information, advice and support for stroke sufferers and their families. Link to stroke clubs and support agencies such as local dysphasic support groups	www.stroke.org.uk	Stroke helpline: 0303 303 3100 info@stroke.org.uk	Stroke Information Service, Stroke Association, Life After Stroke Centre, Church Lane, Bromsgrove, Worcestershire, B67 8RA
<u>British Red Cross</u>	Volunteer-led humanitarian organisation that helps people in crisis, whoever and wherever they are.	www.redcross.org.uk	T: 08448 711 111 F: 02075 622 000 Information@redcross.org.uk	British Red Cross UK Office, 44 Moorfields, London, EC2Y 9AL
<u>Plymouth and District Race Equality Council</u>	We work with BME (Black, Minority, and Ethnic) individuals and communities in Devon and we offer a free and confidential service including advice, Information, Advocacy, Guidance and Signposting. Mondays to Fridays 9.30am -4.30pm	www.plymouthanddevonrec.org.uk	01752 224 555 Monday – Thursday 9.00am - 17.00pm	3 rd Floor Prideaux Court, Palace Street, Plymouth, PL1 2AY

<p><u>Plymouth Pregnancy Crisis Care</u></p>	<p>We offer confidential advice, support, counselling, pregnancy testing for anyone facing a crisis in pregnancy, baby loss or post abortion stress. PPCC is open to all regardless of faith, gender, sexual orientation, race or ethnicity.</p>	<p>www.pregnancycrisiscare.org.uk http://localgiving.com/charity/plymouthpregcc</p>	<p>01752 246788 contact@pregnancycrisiscare.org.uk</p>	<p>2nd Floor Kinterbury House, Kinterbury Street, Plymouth, Devon, PL1 2DG</p>
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Advocacy services

<u>Name of organisation/ group</u>	<u>Approach</u>	<u>Website</u>	<u>Contact details</u>	<u>Address</u>
<p><u>WAND - Mental Health Helpline (Working Advocacy in North Devon)</u></p>	<p>Evening helpline offering emotional support and listening. Lines open Monday, Wednesday, Friday and Sunday 8pm - 11pm</p>	<p>www.wandmentalhealth.co.uk</p>	<p>01271 372 830 08088 000 312 wand@wandmentalhealth.co.uk</p>	<p>19c Alexandra Road, Barnstaple, EX32 8BA</p>

<p><u>PAGES Advocacy</u></p>	<p>A free, confidential and independent advocacy service in: The Glenbourne Unit, outreaching to The Lee Mill Unit, Syreena House, Edgcombe Ward and The Gables. PAGES provide support to empower patients at formal and informal meetings, hearings, tribunals, assessments and reviews to enable the patients' voice to be heard. PAGES also provide Independent Mental Health Advocacy (IMHA) for patients who are subject to the provisions of the Mental Health Act 1983.</p>	<p>pagesadvocacy@btinternet.com</p>	<p>T: 01752 700 202 F: 01752 700 202</p>	<p>Glenbourne Unit, Morlaix Road, Plymouth, PL6 5AF</p>
<p><u>Plymouth Community Mental Health Advocacy Service</u></p>	<p>Support for people with Mental health issues helping them to speak up or to speak on their behalf.</p>	<p>www.plymouthguild.org.uk/advocacy/mental-health-advocacy</p>	<p>01752 201 766 – Tracey White advocacy@plymouthguild.org.uk tracey.white@plymouthguild.org.uk</p>	<p>Plymouth Guild, Ernest English House, Buckwell Street, Plymouth, PL1 2DA</p>
<p><u>Plymouth Guild</u></p>	<p>Long established organization providing information, advocacy, Support, advice for disabled people and long term health conditions. Also provides support to voluntary and community organizations.</p>	<p>www.plymouthguild.org.uk</p>	<p>T: 01752 201 766 F: 01752 202 214 guild@plymouthguild.org.uk</p>	<p>Plymouth Guild, Ernest English House, Buckwell Street, Plymouth, PL1 2DA</p>

<p><u>Action against Medical Accidents (AvMA)</u></p>	<p>Action against Medical Accidents (AvMA) is the independent charity which promotes better patient safety and justice for people who have been affected by a medical accident.</p>	<p>www.avma.org.uk</p>	<p>T: 08451 232 352 Monday - Friday 10.00am - 17.00pm F: 02086 679 065 advice@avmna.org.uk</p>	<p>Freedman House, Christopher Wren Yard, 117 High Street, Croydon, CR0 1QG</p>
<p><u>SEAP - Independent Complaints Advocacy Service (ICAS)</u></p>	<p>Can help if a patient feels that they have not had the service they expected from the NHS and want to complain.</p>	<p>www.seap.org.uk/icas/</p>	<p>T: 03304 409 000 F: 01424 204 687 info@seap.org.uk</p>	<p>SEAP Head Office, SEAP Hastings, Upper Ground Floor, Aquila House, Breeds Place, Hastings, TN34 3UY</p>
<p><u>Devon Advocacy Consortium</u></p>	<p>An independent, professional advocacy service for people over 16 in Devon</p>		<p>T:03003 435 707 Text: 07824 905 339 dac@seap.org.uk</p>	<p>DAC, c/o Living Options Devon, Ground Floor Units 3-4 Cranmere Court, Lustleigh Close, Matford Business Park, Exeter, EX2 8PW</p>

Councils for Voluntary Service (CVS)

<u>Name of organisation/ group</u>	<u>Approach</u>	<u>Website</u>	<u>Contact details</u>	<u>Address</u>
<u>Carewise - Torridge CVS</u>	If you're looking for anything else in the volunteer sector your local CVS is a rich source of information.	www.carewise.org.uk	01237 479 380 enquiries@carewise.org.uk	Torridge CVS, 14 Bridgeland Street, Bideford, EX39 2QE
<u>East Devon CVS</u>	If you're looking for anything else in the volunteer sector your local CVS is a rich source of information.	www.edvsa.org.uk	01404 549 045 admin@edvsa.org.uk	East Devon Business Centre, Heathpark, Honiton, EX14 1SF
<u>Mid-Devon CVS – Involve</u>	If you're looking for anything else in the volunteer sector your local CVS is a rich source of information.	http://www.involve-middevon.org.uk/	01884 255 734 office@involve-middevon.org.uk	Mid Devon Involve Central Offices, Sunningmead Community Centre, Lazenby Road, Tiverton, EX16 4AL
<u>West Devon CVS</u>	If you're looking for anything else in the volunteer sector your local CVS is a rich source of information.	www.westdevoncvcs.org.uk	01837 53392 Monday – Friday 9.30am – 15.00pm info@westdevoncvcs.org.uk	13 East Street, Okehampton, EX20 1AS

<u>South Hams CVS</u>	If you're looking for anything else in the volunteer sector your local CVS is a rich source of information.	www.southhamscvs.org.uk	01803 862 266 Monday – Friday 9.30am - 15.00pm cvs@southhamscvs.org.uk	The Cottage, Follaton House, Plymouth Road, Totnes, TQ9 5NE
<u>Teignbridge CVS</u>	If you're looking for anything else in the volunteer sector your local CVS is a rich source of information.	www.teigncvs.org.uk	01626 326 120 office@teigncvs.org.uk	36-38 Market Walk, Newton Abbot, Devon, TQ12 2RX
<u>Torridge Voluntary Services (TTVS)</u>	If you're looking for anything else in the volunteer sector your local CVS is a rich source of information.	www.torridgecvs.org.uk	01237 420 130 administrator@torridgecvs.org.uk	14-14a Bridgeland Street, Bideford, EX39 2QE
<u>North Devon Voluntary Services</u>	If you're looking for anything else in the volunteer sector your local CVS is a rich source of information.	www.ndvs.org.uk	01271 866300 admin@ndvs.org.uk	149 High Street, Ilfracombe, EX34 9EZ